

Bataan Death March Packing List

MedalsofHonor.org / GetUncomfortableDare.com

GETTING TO THE EVENT

- | | | |
|--|--|--|
| <input type="checkbox"/> Flight or Travel info | <input type="checkbox"/> Bataan Parking Pass | <input type="checkbox"/> Hotel information |
| <input type="checkbox"/> I.D | <input type="checkbox"/> Money / Credit Card | <input type="checkbox"/> Computer / iPad |
| | | <input type="checkbox"/> |

SUITCASE AND CARRY ON

- | | | |
|--|---|---|
| <input type="checkbox"/> BDU's or other pants/short to wear during the event | <input type="checkbox"/> Airline tickets | <input type="checkbox"/> Bonnie Jungle Hat |
| <input type="checkbox"/> Boots if you're not already wearing them | <input type="checkbox"/> Cell phone charger | <input type="checkbox"/> Clothes to wear home |
| <input type="checkbox"/> Clothes to wear after the event | <input type="checkbox"/> Headphones | <input type="checkbox"/> iPod / music player |
| <input type="checkbox"/> GPS / watch | <input type="checkbox"/> Moisture wicking shirt for event | <input type="checkbox"/> Pack or Ruck |
| <input type="checkbox"/> Wind breaker | <input type="checkbox"/> Neck / leg gators | <input type="checkbox"/> Pack or Ruck |
| <input type="checkbox"/> Zip lock bags | <input type="checkbox"/> Personal Care items | <input type="checkbox"/> Sandals or comfortable shoes to wear home. |
| | <input type="checkbox"/> PJ's | <input type="checkbox"/> Skull cap |
| | <input type="checkbox"/> Reading glasses | |
| | <input type="checkbox"/> Travel clothes home | |

DAY OF EVENT

- | | | |
|--|---|---|
| <input type="checkbox"/> Moisture wicking socks - these should already be on your feet w/boots | <input type="checkbox"/> Boots w/ Timing chip already attached. | <input type="checkbox"/> Arm sleeves |
| <input type="checkbox"/> Pack or Ruck / pre-packed | <input type="checkbox"/> GPS / watch | <input type="checkbox"/> Boonie / sun hat |
| <input type="checkbox"/> Race belt w/ number attached | <input type="checkbox"/> Head lamp | <input type="checkbox"/> Clothes to change into after the event |
| <input type="checkbox"/> Memorial items already attached to your pack / flags etc. | <input type="checkbox"/> Parking Pass | <input type="checkbox"/> Gaiters |
| | <input type="checkbox"/> Sharpie / to write message to yourself or other racers on your body. | <input type="checkbox"/> ID |
| | <input type="checkbox"/> Wind breaker | <input type="checkbox"/> iPod/headphones |
| | | <input type="checkbox"/> Neck gator |
| | | <input type="checkbox"/> Warm jacket in case of cold weather. |
| | | <input type="checkbox"/> Wear your BDU pants and tech shirt |

This is Amy Cotta's personal packing list you may need to add or omit items to your list. <http://www.GetUncomfortableDare.com> / <http://www.MedalsofHonor.org>

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WITHIN YOUR EVENT PACK

- | | | |
|--|---|--|
| <input type="checkbox"/> Blister Pads | <input type="checkbox"/> Antacids | <input type="checkbox"/> Cliff shots 3-4 pks |
| <input type="checkbox"/> Body glide | <input type="checkbox"/> Clear glasses | <input type="checkbox"/> Flask of pickle juice (2) |
| <input type="checkbox"/> Extra socks | <input type="checkbox"/> H2O bladder filled or extra water bottle with H2O in it. | <input type="checkbox"/> Gatorade singles (3-4) |
| <input type="checkbox"/> Foot powder | <input type="checkbox"/> Hand sanitizer | <input type="checkbox"/> GU Packs (4 +) |
| <input type="checkbox"/> Lip balm | <input type="checkbox"/> Head lamp | <input type="checkbox"/> Payday Candy bars (3-4) |
| <input type="checkbox"/> Money | <input type="checkbox"/> Sun glasses | <input type="checkbox"/> Salt replacement |
| <input type="checkbox"/> Pain reliever | <input type="checkbox"/> Water bottle attached to pack | <input type="checkbox"/> Sports Beans (2pks) |
| <input type="checkbox"/> Safety pin for blisters | <input type="checkbox"/> Wet wipes (in baggie) | <input type="checkbox"/> Trail mix (baggie full) one M&M tube already filled |
| <input type="checkbox"/> Solar charger | <input type="checkbox"/> Zip lock bags (2) | |
| <input type="checkbox"/> Sun block | | |
| <input type="checkbox"/> Video camera | | |
| <input type="checkbox"/> | | |

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